

## Lunch Menu for September 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast: Cereal, **WW Slice Bread, Assorted Jelly, Apple Juice, Diced Peaches & Milk	Breakfast: French Toast w/syrup, Mixed Fruit, Milk	Breakfast: Egg Omelet, **WW Slice Bread, Fresh Fruit, Milk	Breakfast: Cereal, Slice Bread, Assorted Jelly, Mandarin Wedges, Apple Juice, Milk	Breakfast: Pancakes w/syrup, Fresh Fruit, Orange Juice, Milk
				
9/2/19	9/3/19	9/4/19	9/5/19	9/6/19
<b>Labor Day</b> <b>No Student Attendance</b>	<b>BREAKFAST BEGINS</b> Chicken Patty **WW Bun Tater Tots Mixed Vegetables Mixed Fruits Condiments: Ketchup	**WG Pasta & Meat Sauce Green Beans Celery Sticks Applesauce Condiments: Light Ranch Dressing	Soft Shell Chicken Tacos w/lettuce & cheese Mexican Rice Carrots Coins Diced Peaches Condiments: Salsa	Cheeseburger **WW Bun Seasoned Potato Wedges Sweet Corn Pineapple Tidbits Condiments: Ketchup & Light Ranch Dressing
9/9/19	9/10/19	9/11/19	9/12/19	9/13/19
Sliced Turkey Mashed Potatoes w/gravy **WW Dinner Roll Steamed Broccoli Diced Pears	Lasagna **WW Breadstick Green Beans Applesauce Condiments: Light Ranch Dressing	Hard Shell Beef Tacos Lettuce & Cheese Pinto Beans Steamed Carrots Chilled Peaches Condiments: Salsa	**WG Chicken Nuggets Baked Tater Tots Sweet Peas Fresh Apple Condiments: Ketchup	Sloppy Joe on a **WW Bun Slice Cheese Sweet Corn Celery sticks Mixed Fruit Condiments: Light Ranch Dressing
9/16/19	9/17/19	9/18/19	9/19/19	9/20/19
Beef Patty with Gravy **WG Rice Pinto Beans *Dinner Roll California Blend Mandarin Wedges	Hot Dog on a **WW Bun Baked Tater Tots Sweet Corn Pineapple Tidbits Condiments: Ketchup	Chicken Parmesan w/spaguetti **WW Breadstick Celery Sticks Baby Carrots Chilled Peaches Condiments: Light Ranch Dressing	<b>Breakfast for Lunch</b> French Toast Sticks w/sausage patty Seasoned Roasted Potatoes Celery Applesauce Condiments: Syrup/Ketchup	Turkey Mini Corn Dogs Baked Potato Fries Steamed Broccoli Fresh Fruit Condiments: Light Ranch Dressing & Ketchup
9/23/19	9/24/19	9/25/19	9/26/19	9/27/19
Beef & Cheesy Nachos Refried Beans Lettuce & Tomato Cucumber Slices Pineapple Tidbits Condiments: Salsa & Light Ranch Dressing	Ham & Cheese Sandwich Green Beans Baby Carrots Mixed Fruits Condiments: Light Ranch Dressing	Chicken Nuggets Macaroni & Cheese Cucumber Slices Sweet Peas Diced Peaches Condiments: Light Ranch Dressing	Cheese Pizza Sweet Corn Steamed Carrots Chilled Pears	Chicken Patty **WW Bun Baked Potato Fries Mixed Vegetables Orange Condiments: Ketchup
9/30/19				
<b>Professional Development Day</b>  <b>No Student Attendance</b>	*Whole Wheat **Whole Grain ***All meals include ½ pint of milk. Students may choose 1% white milk or Fat Free Chocolate flavor milk.  This Institution is an equal opportunity provider  Menu subject to change without notice			
				<b>F. Rivera</b>