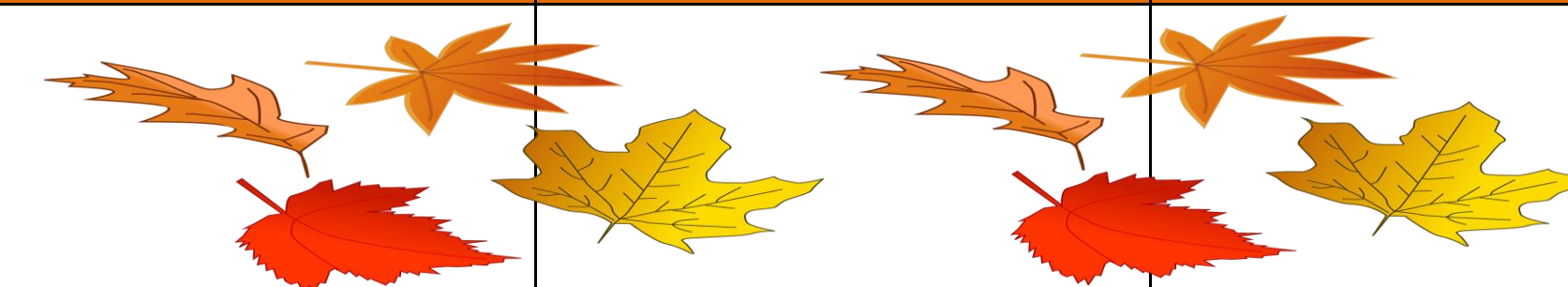




BREAKFAST MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>M/MA or Grains</b> <b>Fruit or Veg</b> <b>Milk</b>	**WG Cheerios/Corn Flakes Pears, Apple Juice	String Cheese/Graham Cracker Mixed Fruit, Orange Juice	Cereal Bar Mandarin Orange, Apple Juice	Yogurt/Graham Cracker Applesauce, Orange Juice	**WG Cheerios/Corn Flakes Peaches, Apple Juice

LUNCH MEAL PATTERN					10/1/2020	10/2/2020
M/MA Vegetables Fruit Grains Milk					Turkey Sausage Patty Mixed Veggies/Cucumbers Crushed Pineapple **WG Pancakes <i>Condiment: Ranch/Syrup</i>	Cheeseburger Sweet Potato Fries/Corn Pears *WW Bun <i>Condiment: Ketchup</i>
			10/5/2020	10/6/2020	10/7/2020	10/8/2020
M/MA Vegetables Fruit Grains Milk	Sloppy Joe Baby Carrots Apricots *WW Bun <i>Condiment: Ranch</i>	Chicken Parmesan Steamed Broccoli Peaches **WG Spaghetti/Breakstick	Turkey Mini Corn Dogs Baked Fries/Green Beans Mandarin Orange <i>Condiment: Ketchup</i>	Chicken Fajitas Pinto Beans Applesauce *WW Tortillas <i>Condiment: Salsa</i>	French Toast Sticks Seasoned Potatoes/Corn Mixed Fruit <i>Condiment: Syrup/Ketchup</i>	
	10/12/2020	10/13/2020	10/14/2020	10/15/2020	10/16/2020	
M/MA Vegetables Fruit Grains Milk	**WG Chicken Nuggets Potato Wedges/Broccoli Cuts Pineapple Tidbits <i>Condiment: Ketchup</i>	Beef Taco Pinto Beans/Lettuce & Cheese Pears Taco Shells <i>Condiment: Salsa</i>	Pork BBQ Cauliflower/Celery Sticks Apricots *WW Bun <i>Condiment: Ranch</i>	Beef Picadillo Sweet Peas Peaches Brown Rice/Dinner Roll	Fish Sticks Baked Fries/Carrot Coins Mandarin Orange <i>Condiment: Tartar Sauce/Ketchup</i>	
	10/19/2020	10/20/2020	10/21/2020	10/22/2020	10/23/2020	
M/MA Vegetables Fruit Grains Milk	Egg Patty Broccoli/Green Beans Applesauce **WG Bread	Chicken Soft Tacos Veggie Beans/Lettuce & Cheese Fruit Cocktail *WW Tortilla <i>Condiment: Salsa</i>	Turkey Meatballs Sweet Corn Crushed Pineapple **WG Spaghetti/Breadstick	Beef Patty w/Gravy Mashed Potato/Mixed Veggies Pears **WG Dinner Roll	Turkey Mini Corn Dogs Baked Fries/Carrot Coins Apricots <i>Condiment: Ketchup</i>	
	10/26/2020	10/27/2020	10/28/2020	10/29/2020	10/30/2020	
M/MA Vegetables Fruit Grains Milk	Chicken Patty Tater Tots/Sweet Peas Peaches *WW Bun <i>Condiment: Ketchup</i>	Beef Taco Pinto Beans/Lettuce & Cheese Mandarin Orange Taco Shells <i>Condiment: Salsa</i>	**WG Chicken Nuggets Potato Wedges/Broccoli Cuts Applesauce <i>Condiment: Ketchup</i>	<b>Virtual Parent Teacher Conference No Student Attendance</b>	<b>Professional Development No Student Attendance</b>	



\*Whole Wheat  
\*\*Whole Grain  
\*\*\*All meals include ½ pint of milk. Students may choose 1% low-fat Unflavored or Flavored

