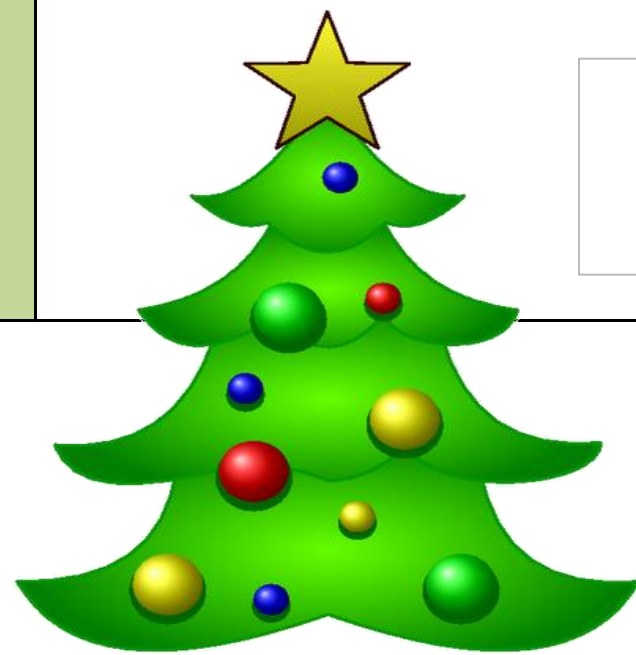




BREAKFAST MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M/MA or Grains Fruit or Veg Milk	**WG Cheerios/Corn Flakes Pears, Apple Juice	String Cheese/Graham Cracker Mixed Fruit, Orange Juice	**WG Cereal Bar Mandarin Orange, Apple Juice	Yogurt/Graham Cracker Applesauce, Orange Juice	**WG Cheerios/Corn Flakes Peaches, Apple Juice

LUNCH MEAL PATTERN					
M/MA Vegetables Fruit Grains Milk		12/1/2020	12/2/2020	12/3/2020	12/4/2020
		Beef Taco Pinto Beans/Lettuce & Cheese Peaches Taco Shells <i>Condiment: Salsa</i>	Sloppy Joe Baby Carrots Pineapple Tidbits *WW Bun <i>Condiment: Ranch</i>	Turkey Ham/Cheese Sandwich Green Beans/Celery Sticks Mixed Fruit **WG Bread <i>Condiment: Mayo/Ranch</i>	**WG Chicken Nuggets Potato Wedges/Broccoli Cuts Diced Pears <i>Condiment: Ketchup</i>
M/MA Vegetables Fruit Grains Milk	12/7/2020	12/8/2020	12/9/2020	12/10/2020	12/11/2020
		Cheeseburger Baked Fries/Sweet Corn Applesauce *WW Bun <i>Condiment: Ketchup</i>	Cheese Quesadilla Broccoli Cuts/Cucumber Banana <i>Condiment: Ranch</i>	French Toast Sticks Tater Tots/Baby Carrots Mandarin Orange <i>Condiment: Syrup/Ketchup</i>	Chicken Fajitas Pinto Beans Peaches *WW Tortilla
M/MA Vegetables Fruit Grains Milk	12/14/2020	12/15/2020	12/16/2020	12/17/2020	12/18/2020
		Turkey Mini Corn Dogs Baked Fries/Sweet Peas Applesauce <i>Condiment: Ketchup</i>	Chicken Soft Tacos Pinto Beans/Lettuce & Cheese Slice Pears *WW Tortilla <i>Condiment: Salsa</i>	Pork BBQ Steamed Broccoli Mixed Fruit *WW Bun	Chicken Patty Potato Wedges/Baby Carrots Grapes *WW Bun <i>Condiment: Ranch/Ketchup</i>
M/MA Vegetables Fruit Grains Milk	12/21/2020	12/22/2020	12/23/2020	12/24/2020	12/25/2020
		Winter Break			
M/MA Vegetables Fruit Grains Milk	12/28/2020	12/29/2020	12/30/2020	12/31/2020	
		Winter Break			



*Whole Wheat
 **Whole Grain
 ***All meals include ½ pint of milk. Students may choose 1% low-fat Unflavored or Flavored

