








Breakfast/Lunch Menu

BREAKFAST MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M/MA or Grains Fruit or Veg Milk	**WG Cheerios/Corn Flakes Diced Pears, Apple Juice	**WG French Toast Sticks Mixed Fruit, Orange Juice K5-String Cheese/Graham Cracker	Egg Patty Mandarin Orange, Apple Juice K5-Cereal Bar	**WG Pancakes Applesauce, Orange Juice K5-Yogurt/Graham Cracker	**WG Cheerios/Corn Flakes Diced Peaches, Apple Juice
LUNCH MEAL PATTERN					
	11/1/2021	11/2/2021	11/3/2021	11/4/2021	11/5/2021
M/MA Vegetables Fruit Grains Milk	Professional Day No Student Attendance	Ham & Cheese Carrot Coins/Celery Sticks Apple Slices **WG Bread <i>Condiment: Ranch/Mayo</i>	**WG Chicken Nuggets Baked Fries/Cucumbers Diced Pear <i>Condiment: Ketchup/Ranch</i>	Hot Dog Vegetarian Beans/Fresh Broccoli Fruit Mix **WG Bun <i>Condiment: Ketchup/Ranch</i>	**WG Mini Cheese Ravioli Mixed Veggies/Cherry Tomato Banana Breadstick <i>Condiment: Ranch</i>
	11/8/2021	11/9/2021	11/10/2021	11/11/2021	11/12/2021
M/MA Vegetables Fruit Grains Milk	Cheeseburger Baked Fries/Fresh Cauliflower Mandarin Orange **WG Bun <i>Condiment: Ketchup/Ranch</i>	Turkey Mini Corn Dogs Vegetarian Beans/Baby Carrots Applesauce <i>Condiment: Ketchup/Ranch</i>	Chicken Patty Potato Wedges/Celery Sticks Sliced Peaches **WG Bun <i>Condiment: Ketchup/Ranch</i>	Cheese Pizza Sweet Corn/Cucumbers Pineapple Tidbits <i>Condiment: Ranch</i>	Pork BBQ Broccoli Cuts/Cherry Tomato Fresh Orange **WG Bun <i>Condiment: Ranch</i>
	11/15/2021	11/16/2021	11/17/2021	11/18/2021	11/19/2021
M/MA Vegetables Fruit Grains Milk	Toasted Cheese Sandwich Green Beans/Celery Sticks Apple Slices **WG Bread <i>Condiment: Ranch</i>	Chicken Fajitas Vegetarian Beans Pear Slices **WG Tortilla <i>Condiment: Salsa</i>	Cheeseburger Tater Tots/Broccoli Cuts Mixed Fruit **WG Bun <i>Condiment: Ketchup/Ranch</i>	Chicken Parmesan Mixed Veggies/Baby Carrots Mandarin Orange **WG Pasta <i>Condiment: Ranch</i>	Tuna Sweet Peas/Cherry Tomato Fresh Apple **WG Bun <i>Condiment: Ranch</i>
	11/22/2021	11/23/2021	11/24/2021	11/25/2021	11/26/2021
M/MA Vegetables Fruit Grains Milk	**WG Chicken Nuggets Baked Fries/Carrot Coins Diced Peaches <i>Condiment: Ketchup</i>	Sliced Turkey w/Gravy Mashed Potato/Fresh Broccoli Applesauce **WG Dinner Roll <i>Condiment: Ranch</i>			
	11/29/2021	11/30/2021			
M/MA Vegetables Fruit Grains Milk	Cheese Pizza Mixed Veggies/Cherry Tomato Pineapple Tidbits <i>Condiment: Ranch</i>	Turkey Mini Corn Dogs Baked Fries/Celery Sticks Grapes <i>Condiment: Ketchup/Ranch</i>			



*Whole Wheat
 **Whole Grain
 ***All meals include ½ pint of milk. Students may choose 1% low-fat Unflavored or Fat Free Flavored Milk

