





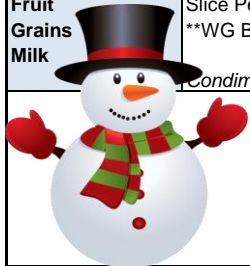


JANUARY

2022

Breakfast/Lunch Menu

BREAKFAST MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M/MA or Grains Fruit or Veg Milk	**WG Cheerios/Corn Flakes Diced Pears, Apple Juice	**WG French Toast Sticks Mixed Fruit, Orange Juice K5-String Cheese/Graham Cracker	Egg Patty Mandarin Orange, Apple Juice K5-Cereal Bar	**WG Pancakes Applesauce, Orange Juice K5-Yogurt/Graham Cracker	**WG Cheerios/Corn Flakes Diced Peaches, Apple Juice
LUNCH MEAL PATTERN					
					
	1/3/2022	1/4/2022	1/5/2022	1/6/2022	1/7/2022
M/MA Vegetables Fruit Grains Milk	Winter Break	Professional Day No Student Attendance	Chicken Alfredo Sweet Corn/Baby Carrots Mixed Fruit **WG Pasta <i>Condiment: Ranch</i>	Turkey Mini Corn Dogs Baked Fries/Cucumbers Diced Pears <i>Condiment: Ketchup/Ranch</i>	Ham & Cheese Sandwich Green Beans/Celery Sticks Applesauce <i>Condiment: Mayo/Ranch</i>
	1/10/2022	1/11/2022	1/12/2022	1/13/2022	1/14/2022
M/MA Vegetables Fruit Grains Milk	Beef Patty w/Gravy Mashed Potato/Broccoli Cuts Slice Peaches **Dinner Roll	Cheese Pizza Sweet Peas/Cherry Tomato Mandarin Orange <i>Condiment: Ranch</i>	Chicken Tomato Bake Mixed Vegetables Pineapple Tidbits **WG Elbow Macaroni	Mac & Cheese Carrot Coins/Fresh Cauliflower Banana Cookie <i>Condiment: Ranch</i>	Hot Dog Baked Beans/Cucumbers Mixed Fruit **WG Bun <i>Condiment: Ketchup/Ranch</i>
	1/17/2022	1/18/2022	1/19/2022	1/20/2022	1/21/2022
M/MA Vegetables Fruit Grains Milk	Cheeseburger Sweet Potato Fries/Celery Slice Pears <i>Condiment: Ketchup/Ranch</i>	Cuban Black Beans Sweet Corn/Baby Carrots Applesauce Brown Rice <i>Condiment: Ranch</i>	Bean Tostadas California Blend Diced Peaches Lettuce/Tomato/Cheese <i>Condiment: Salsa</i>	Sloppy Joe Mixed Vegetables Grapes **WG Bun	Popcorn Chicken Potato Wedges/Fresh Broccoli Mandarin Orange <i>Condiment: Ketchup/Ranch</i>
	1/24/2022	1/25/2022	1/26/2022	1/27/2022	1/28/2022
M/MA Vegetables Fruit Grains Milk	Chicken Fillet Baked Fries/Carrot Coins Pineapple Tidbits **WG Bun <i>Condiment: Ketchup</i>	Meatballs Green Beans/Cucumbers Fresh Apple **WG Spaghetti <i>Condiment: Ranch</i>	Chicken Fajitas Vegetarian Beans Mixed Fruit **WG Tortilla <i>Condiment: Salsa</i>	Mozzarella Pizza Sticks Broccoli Cuts/Cherry Tomato Diced Pears <i>Condiment: Marinara Sauce/Ranch</i>	Ham & Cheese Sandwich Mixed Veggies/Celery Sticks Applesauce <i>Condiment: Mayo/Ranch</i>
	1/31/2022				
M/MA Vegetables Fruit Grains Milk	Hot Dog Baked Beans/Baby Carrots Slice Peaches **WG Bun <i>Condiment: Ketchup/Ranch</i>				



*Whole Wheat
**Whole Grain
***All meals include ½ pint of milk. Students may choose 1% low-fat Unflavored or Fat Free Flavored Milk

This Institution is an equal opportunity provider
Menu subject to change without notice



F. Rivera