



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M/MA or Grains	**WG Cheerios/Corn Flakes	**WG French Toast Sticks	Egg Patty, **WG Slice Bread	** WG Pancakes	**WG Cheerios/Corn Flakes
Fruit or Veg	Diced Pears	Applesauce	Fruit Cocktail	Banana	Diced Peaches
Milk	K5-8th: Apple Juice	K5-8th: Orange Juice	K5-8th: Apple Juice	K5-8th: Orange Juice	K5-8th: Fruit Punch Juice
<b>LUNCH MEAL PATTERN</b>					
M/MA			11/1/2023	11/2/2023	11/3/2023
Vegetables			Beef Lasagna	Ham and Cheese Sandwich	Chicken Patty
Fruit			California Blend	Fresh Cucumbers	Baked Potatoes/Mixed Veggies
Grains			Garlic Bread	Carrots coins	Grapes
Milk			Clementine	Sliced Pears	Bun
	11/6/2023	11/7/2023	11/8/2023	11/9/2023	11/10/2023
M/MA	Mozzarella Pizza Sticks	Chicken Nuggets	Beans and Cheese Tostadas	Picadillo de carne W/vegetables	Cheese Quesadillas
Vegetables	Peas	Potatoes Wedges	Lettuce/Tomatoes	Brown Rice	Cherry Tomatoes/Sweet Corn
Fruit	Baby Carrot	Steamed Broccoli	Peaches	Peas	Fresh Apple
Grains	Pineapple Tidbits	Applesauce		Mixed Fruit	
Milk	Condiment: Marinara Sauce	Condiment:Ketchup	Condiment: Salsa		Condiment: Ranch
	11/13/2023	11/14/2023	11/15/2023	11/16/2023	11/17/2023
M/MA	Turkey Mini Corn Dogs	Chicken Fajitas	Beef Patty W/Gravy	Fish Stick	Slopy Joe
Vegetables	French Fries	Vegetarian Beans/Celery Stick	Brown Rice	Baked fries	California Blend/Cucumbers
Fruit	Broccoli cuts	Banana	Green beans/Sweet corn	Mixed Vegetables	Bun
Grains	Mandarin Orange	**WG Tortilla	Apricot	Apple sauce	Diced Peaches
Milk	Condiment::Ketchup	Condiment: Ranch		Condiment: : Tartar sauce	Condiment: Ranch
	11/20/2023	11/21/2023	11/22/2023	11/23/2023	11/24/2023
M/MA	Beef Tacos	Sliced Turkey W/ Gravy			
Vegetables	Vegetarians Beans	Mashed Potatoes/Sweet Corn			
Fruit	Lettuce and cheese	Dinner Roll			
Grains	Taco Shell	Grapes			
Milk	Pineapple Tidbits				
	11/27/2023	11/28/2023	11/29/2023	11/30/2023	
M/MA	Chicken Patty	Chili con Carne W/Beans	Turkey Hot Dog	Mac & Cheese	
Vegetables	Baked Potatoes/Mixed Vegetables	Green beans	Tater tots/Carrots Coins	Sweet Corn/Peas	
Fruit	Peach Slices	Saltin Crackers	Buns	Mix Fruit	
Grains	Bun	String Cheese	Diced Pears	**WG Saltin Crackers	
Milk	Condiment::Ketchup	Clementine	Condiment::Ketchup	Condiment: Ranch	



\*Whole Wheat  
 \*\*Whole Grain  
 \*\*\*All meals include ½ pint of milk. Students may choose 1% low-fat.  
 Unflavored or Fat Free Flavored Milk  
 This Institution is an equal opportunity provider



Menu subject to change without notice

T. Bonett.