

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M/MA or Grains Fruit or Veg Milk	**WG Cocoa Puffs/Frosted Flakes Diced Pears	**WG French Toast Sticks Applesauce	Egg Patty, **WG Slice Bread Fruit Cocktail	**WG Pancakes Banana	**WG Cocoa Puffs/Frosted Flakes Diced Peaches
	K5-8th: Apple Juice	K5-8th: Orange Juice	K5-8th: Fruit Punch Juice	K5-8th: Orange Juice	K5-8th: Apple Juice
LUNCH MEAL				10/1/2026	10/2/2026
M/MA				BBQ Chicken	**WG Cheese quesadillas
Vegetables				**WG Brown Rice	Celery Sticks
Fruit				Green Peas	Mixed Vegetables
Grains				Broccoli Cut	Banana
Milk				Orange Mandarin	Condiment: Ranch
	10/5/2026	10/6/2026	10/7/2026	10/8/2026	10/9/2026
M/MA	**WG Mac & Cheese	Turkey Hot Dog	Cheeseburger	**WG Hard Shell Beef Tacos	Ham & Cheese Sandwich
Vegetables	Baby Carrots/ Green Peas	Sweet Potato Fries	Potato Wedges	Vegetarian Beans	Sweet Corn/Fresh Broccoli
Fruit	Watermelon	Green Beans	Steamed Cauliflower	Lettuce/Tomato/Cheese	Clementine
Grains		Diced Pears	Apricot	Mixed Vegetables	**WG Sliced Bread
Milk	Condiment: Ranch	**WG Hot-Dog Bun	**WG Bun	Sliced Peaches	Condiment: Ranch/Mayo
	10/12/2026	10/13/2026	10/14/2026	10/15/2026	10/16/2026
M/MA	**WG Mozzarella Pizza Stick	Chicken Alfredo	Beef Picadillo w/veggies	Turkey Sliced w/gravy	PD Day
Vegetables	Green Beans	Carrot Coins/Sweet Corn	**WG Brown Rice	Mashed Potatoes	
Fruit	California Blend	Orange Mandarin	Broccoli Cut	Celery Sticks	
Grains	Fruit Cocktail	**WG Pasta/Breadstick	Diced Peaches	Tropical Fruit Salad	
Milk	Condiment: Marinara			**WG Dinner Roll	
	10/19/2026	10/20/2026	10/21/2026	10/22/2026	10/23/2026
M/MA	Grilled Cheese Sandwich	**WG Chicken nuggets	Beef Meatballs	Chicken Fajitas	**WG Turkey Mini Corn Dog
Vegetables	Steamed Broccoli	Baked Fries	Green Peas/Carrot Coins	Black Beans	Potato Wedges
Fruit	Mixed Vegetables	Steamed Cauliflower	Sliced Pears	Grapes	Cucumbers
Grains	Applesauce	Apricot	**WG Pasta/Breadstick	**WW Tortilla	Mixed Fruit
Milk	**WG Sliced Bread	Condiment: Ketchup			Condiment: Ketchup/Ranch
	10/26/2026	10/27/2026	10/28/2026	10/29/2026	10/30/2026
M/MA	Chicken Soft tacos	Meat sauce	**WG Popcorn Chicken	Beef Patty w/ Gravy	Chicken Sandwich
Vegetables	Pinto Beans	Mixed Vegetables	Sweet Potato Fries	**WG Brown Rice	Baked Fries/Baby Carrots
Fruit	Cucumbers/lettuce/tomatoes	Broccoli Cuts	Green Beans	Sweet Corn	Applesauce
Grains	Nectarines	Tropical Fruit Salad	Diced Pears	Steam Cauliflower	**WG bun
Milk	**WW Tortillas	**WG Pasta/Breadstick	Condiment: Ketchup	Orange Mandarin	Condiment: Ketchup/Ranch
	Condiment: Ranch/taco sauce				



**Whole Grain

***All meals include ½ pint of milk. Students may choose 1% low-fat.

Unflavored or Fat Free Flavored Milk

This Institution is an equal opportunity provider

Menu subject to change without notice

